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bioPSYCHOLOGY

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Abstract

Originally published in Contemporary Psychology: APA Review of Books, 1992, Vol 37(10), 1030-1031. Reviews the book, Biopsychology by John P. J. Pinel (1990). This review is a pleasure to write on several accounts. First and foremost, the book is readable and comprehensive, and it contains excellent illustrations (a necessity for introductory biopsychology books). Second, I used this text during the Spring 1991 term and have obtained feedback from students who, after all, are the targets of this type of book. Third, the author's perspective is distinctly psychological in his choice of analogies, case studies, and critiques. The text includes the expected (and necessary) chapters such as anatomy, methods, transmission, perception, sensorimotor system, hormones, eating, sleep, memory, and language. Although the ordering of chapters is somewhat different than that found in most of its competitors, the chapters stand alone sufficiently to be covered in any sequence the instructor desires. (PsycINFO Database Record (c) 2006 APA, all rights reserved)

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Biopsychology is a scientific discipline which applies the principles of biology to the understanding of psychology. Researchers in this field study topics in neuroscience so that they can learn about how and why the brain influences emotion. Some work as instructors, providing education to new generations of people in the field. Others interested in biopsychology can work in pure research, and may also be